
Directed by
Seton Hall Prep's
Lacrosse Staff

Camp Format- Morning sessions will consist of positional teaching and fundamental drills. Lunch break will include skills contests and strength and conditioning techniques. Afternoon session will focus on team aspects and consist of transition drills and games.

Schedule of Day-

9:00-11:30 Morning Session

11:30-12:30 Lunch/Lifting Session

12:30-3:00pm Afternoon Session

Tuition-

\$225 includes Camp fee, insurance and reversible jersey. Camp store will have Gatorade and healthy snacks for purchase during breaks.

-Sibling discount \$200 each

-Attend Both sessions \$400 total

Location-

**Seton Hall Prep
Kelly Athletic Complex
700 Prospect Avenue
West Orange, NJ
07052**

2013 & 2014 Essex County Champs



Seton Hall Preparatory
120 Northfield Avenue
West Orange, New Jersey

Seton Hall Prep
**LACROSSE
CAMP**

Boys' Skills and Drills Camp
*Added a second session
July 6th thru July 9th, 2015
* and July 13th thru 16th,



For more information

Call: 973.239.1655

dgiarrusso@shp.org

www.shp.org (summer camps)

www.piratelax.com

2013 & 2014 Essex County Champs -Camp Staff

Dave Giarrusso- is the current head coach at the Seton Hall Preparatory School. He grew up in Boston and played at the University of Vermont, where he was a four year starter and team captain and MVP. He began his coaching career at Saint Ignatius Prep in San Francisco, where he led the team to three straight CA State championships and an undefeated season in 2002. He was voted Northern California coach of the year four times and Man of the Year for his effort in getting the sport sanctioned by the state. He was inducted into the Northern California lacrosse Hall of Fame. He was then at the Pingry School, NJ where he helped them win their first Non Public B State Championship. He is a member of the Board of Trustee for the New Jersey Chapter of US Lacrosse. Coach Giarrusso has been the head coach of the Garden State Challenge Essex County team. Dave is a History teacher and the head Freshman Football coach at Seton Hall Prep, and a lecturer for the Positive Coaching Alliance. He resides in Verona, NJ with his wife Suzanne, the Verona Girls lacrosse head coach, and their three sons.

Chad Holland- is a native South Orange and played for the Maplewood Lacrosse Club. He played at Seton Hall Prep before attending Rutgers University. He joined the Faculty of Seton Hall Prep in 2001 as an English teacher he has been coaching the Junior Varsity team in the lacrosse program. Chad lives in West Orange with his wife and daughter.

Gary Gadek- is currently a varsity assistant coach at Seton Hall Prep. Prior to Seton Hall Prep, he was the varsity assistant and head coach for Caldwell High School and spent three years as the varsity assistant coach and offensive coordinator at West Essex High School. In college, he was an all-conference midfielder for Drew University and is still listed as one of the top scoring midfielders in the program's history. Gary lives in Succasunna with his wife and two daughters and is a Physical Education Teacher at Grover Cleveland Middle School in Caldwell.

Dave DeRiso- is currently a varsity assistant coach at Seton Hall Prep. Dave is the all time leading scorer at Drew University. Dave works with the offense and man-up unit. He continues to play and has been invited to play in the Indoor World Championships.

Seann Farrell- is the current Freshmen coach at Seton Hall Prep. He is a 2001 graduate from the Delbarton School where he played both football and lacrosse. A 2005 graduate of Fordham University, Seann played football and graduated with a degree in Economics. Seann is a Math teacher and football coach at Seton Hall Preparatory.

Seton Hall Alumni College Players- will assist in running all the drills and skills sessions.

SKILLS AND DRILLS CAMP PHILOSOPHY

The Camp is for boys entering third grade through ninth grade. The staff will instruct and teach each camper the most up-to-date techniques in order to improve their **skills**. Our goal is to help you learn proper technique and to help you keep improving no matter what your ability level. We will emphasize individual attention with each camper and use multiple **drill** periods in order to focus on the fundamentals. Through great teaching and healthy competition the players will learn all aspects of the fastest sport on two feet.

Skills and Drills Camp Clinics

- Stickwork
- Shooting
- Dodging
- Fast Breaks/ Unsettled Transition
- Defensive Positioning/ Footwork/ Checks
- Ground Balls
- Clears and Rides
- Face-Off, Wing Play
- Goalie Play
- "Honoring The Game"

Facilities

The camp will be held at Seton Hall Prep's Kelly Athletic Complex, located at 700 Prospect Avenue West Orange, NJ. The adjacent Charlie Lorenzo '52 training facility will also be used. In the event of rain, camp will continue inside the training facility until the weather clears. The KAC is equipped with the THOR lightening Warning System.

Schedule

9:00-11:30 Morning Session
11:30-12:30 Lunch/ Film/ Lifting Techniques
12:30-3:00 Afternoon Session

Equipment

All players must bring- Lacrosse stick, helmet, shoulder pads, arm pads, gloves, mouth guard, cleats and sneakers.

All goalies must wear chest protector, throat guard and an athletic supporter.

Arrangements can be made to borrow equipment (see application form).

Application Form Return this form with check or money order for a \$100 deposit payable to **Seton Hall Prep** by June 1st, 2015. \$125 Balance due by June 30th. Attach additional contact info for any additional camper.

Sibling Discount **\$200 each, 2 Sessions - \$200 each**

Camper's Name (First)	(Last)	
Address		
City	State	Zip
Email		
Home Phone	Mobile	
School Entering	Grade Entering	
Emergency Contact Name and Phone		
Physician's Name and Phone		
Date of Birth	Height/Weight	Position

Loaner Equipment needs- (Please Circle) stick, helmet (s, m, l, xl), shoulder pads, arm pads, gloves.

Check # _____ Amount _____

* Session 1 July 6 - 9, 2015 *9th Grade SHP Combine session

Session 2 July 13 - 16, 2015

I request that the child(ren) named herein be admitted to the Seton Hall Prep Lacrosse Camp and give my permission for him to participate in the sport of lacrosse, which I acknowledge as a physical activity that can result in accidental contact with other students, as well as the facility. I hereby waive all claims to the directors, counselors, coaches, referees and the school and authorize the directors to act for me according to their best judgements in any emergency requiring medical attention, for which services, other than the accident insurance maintained by the camp, I will pay.

Signature

I accept the conditions described in the brochure and online

Checks Payable to: Seton Hall Prep

Seton Hall Preparatory
120 Northfield Avenue
West Orange, New Jersey 07052

Phone: 973.239.1655

Fax: 973.731.3920

E-mail: dgiarrusso@shp.org

www.shp.org or www.piratelax.com